



Tikkun Olam Opportunities while in Isolation

We wanted to inform you of several important opportunities for helping out those in need in our community. Don't forget to use #BringingTheDomeHome for us to see all your amazing projects. That being said, CDC is suggesting that if you are 60 years or older and/or have a compromised immune system -- you should stay home no matter what!

For immediate opportunities, sign up for the Urgent SA Response List, which is used to alert volunteers to urgent human needs or services. Text "Compassion" to 55000.

For the hungry:

Jewish context: *"Share your bread with the hungry, and take the wretched poor into your home. When you see the naked, clothe him, and do not ignore your own kin." Isaiah 58:7*

- Serve a Meal at St. Vinny's Bistro.
 - Four volunteers are needed each day between 4:30 PM - 6:30 PM
 - Contact Sophia Sanchez at volunteer@svdpsa.org if interested.
- Deliver a Meal with [Meals on Wheels](#).
- Volunteer (including delivery of meals) at the [San Antonio Food Bank](#).
 - [Donate](#)
 - Volunteer on site or at one of their Mobile Food Distributions

For those in need:

Jewish context: *"Your heart shall not be grieved when you give." Deuteronomy 15:10*

- Donate blood by making an appointment at the [South Texas Blood & Tissue Center website](#).
- Donate to the [Texas Diaper Bank](#).
- Donate items to our "[Little Free Pantry](#)" located at the Temple facing the Ashby lot. Items needed include toilet paper, household cleaner, hand sanitizer, and more.
- Consider buying a meal for a healthcare worker or first responder. Have the meal delivered to a local hospital.
- Volunteer with the Interfaith Welcome Coalition at their "[Homeless Hubs](#)".
- [Help migrants and asylum seekers](#) through the Interfaith Welcome Coalition.
- Become a [child advocate](#) with Child Advocates San Antonio (CASA).
- [Purchase items](#) for CreativeKidSA, a summer camp for at-risk youth hosted by Temple Beth-El.
- Collect toiletry items for Hygiene Kits donated to Haven for Hope. Items needed include combs, shampoo, soap, deodorant, razors, toothbrushes, toothpaste, and shaving cream. If you would like to participate in this project, contact ross@beth-elsa.org.
- Collect school supplies for local, SAISD schools. For a full list of needed supplies contact ross@beth-elsa.org.

Teaching:

Jewish context: *"You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise."* Deuteronomy 6:7

- Tell a Story on the Facebook group [Quarantine Learning Corner](#) and upload a video
- Volunteer Tutoring:
 - Fill out <https://tinyurl.com/TBEtutor> if you are a tutor/teacher or if you are looking for one -- Temple will match you up!
- [Mentor](#) a Refugee Youth at <https://tinyurl.com/ccaosa>.

Advocacy:

Jewish context: *"Tzedek Tzedek Tirdof – Justice, justice you shall pursue, that you may live, and inherit the land which the Lord your God gave you."* Deuteronomy 16:18

- Writing a Letter to an Elected Official about an important issue to you or your family.
 - Find out more by exploring the [Religious Action Center of Reform Judaism](#).
 - Mail service as delivered by the post office is relied on by many people - those without internet service, those who receive their medication by mail, those in rural areas, those who need to vote by mail. Write to Senator John Cornyn and Senator Ted Cruz urging them to fund the post office in the next appropriations bill.
- Start a Campaign about an important issue to you or your family.
 - Create flyers, present via live stream, get in touch with the local newspapers, and/or start a petition.

Working Outside:

Jewish context: *"The Lord God took the man and put him in the Garden of Eden to work it and keep it."* Gen. 2:15

- Planting seeds in Dixie cups
- Weeding out the backyard or apartment complex
- Planting a tree.
- Decorating a compost or recycling bin
- Creating a "[butterfly puddle](#)"
- Making [seed balls](#)
- Building and/or painting a birdhouse.
- Litter Pick-Up

Helping Your Neighbor:

Jewish context: *"You shall love your neighbor as yourself."* Leviticus 19:9

- Mow their lawn
- Wash their car
- Walk their dog
- Knit or Sew:
 - Donate your work to Haven for Hope, Center for Refugee Services, or the Children's Shelter.
 - [Click here](#) for instructions on how to make a no-sew blanket or learn how to sew virtually with a family member.
- [Make and Donate Face Masks](#)
 - Organizations in need of masks include retirement homes, the Interfaith Welcome Coalition, and others. Explore the [list](#).
- Spring Cleaning:
 - Many of the items are gladly accepted at Haven for Hope, SAMMinistries, and other organizations including our adopted schools, Edison High School and Travis Early College.

For Older Adults:

Jewish context: *“Stand up in the presence of the aged, show respect for the elderly and revere your God. I am the Lord.” Leviticus 19:32*

- Help deliver groceries/run errands/Shabbat food
 - Volunteer with [SAJSS](#).
- Writing a Letter or Making a Card:
 - Need an address? Contact Ross Halfant at ross@beth-elsa.org.
 - Virtual Card Making [here](#).
- Technology for Seniors:
 - Free classes at [Senior Planet - Older Adults Technology Services](#).
 - Have a request? Contact [SAJSS](#).
 - Need food delivered? Contact [H-E-B](#).